

Exercise Pro Desktop

Exercise Pro - Designed for physical therapists, athletic trainers and chiropractors for providing exercise programs and education handouts for patients. It is easy to use and comprehensive. Exercise Pro offers more features than any other system.

Benefits:

- Superior patient compliance by providing clear instructions, set, reps, and resistances.
- Better patient outcomes by providing clear direction.
- Improved patient exercise technique by providing clear illustrations and photos.
- Saves you time no more drawing silly stick figures, copying out of books or searching for handouts.
- Enhanced therapist treatment and patient care by having access to thousands of different contemporary and evidence based exercises.

It's all about the Features

Content:

- Over 3650 exercises from low level rehab up to high level athletics
- Add your own exercises
- Clone exercises to create variations
- Create protocols





All content included with NO Extras to buy!

Content includes orthopedics, stretching, neurology, aquatics, pediatrics, geriatrics, stabilization, functional, Pilates, yoga, women's health, amputee, hand, finger, upper body, fitness center, power/agility, plyometrics, cardio, golf, passive range, active range, active assisted range, isometrics and more.

Equipment includes elastics, weights, pulleys, canes, foam rolls, balance boards, stability balls, putty, BOSU, TRX, Total Gym, and more.

And also contains over 160 full page education handouts like crutch and cane use, modalities, ADLs, information on medical conditions and more.

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Powerful Print and Search Features

Print:

- Print or email programs.
- Company Logo on all handouts.
- B/W line art and color photos.
- Handouts with your company logo.
- Over 20 different print size and layout options.
- Provides chart copy for documentation.
- Save printed programs as a PDF.
- Prints compliance grids.



Search Engine:

The key to having the best exercise software is being able to quickly locate exercises. Exercise Pro devised the method that almost everyone emulates, but no one else has perfected.

- Search by body area, exercise type, position, and equipment to rapidly locate exercises.
- Choose from over 6 different exercise result layouts.
- Auto defaults for sets/reps saves time and Exercise Pro is the only system to offer this.
- Search by name or number.





Other Versatile Features

Exercise Pro doesn't stop at just the basics. We pride ourselves on customer service and with 25 years experience in exercise prescription software, there is no better.

- Can integrate with your documentation software.
- Choose left or right side.
- Contains both male and female photos.
- Bookmark favorite exercises.
- Create a folder of favorite exercises for each clinician.
- Video tutorials.
- Auto save and retrieve each program by date, patient name and clinician name.
- Assign target heart rates for cardio programs.
- Add stock comments.
- Print with common or technical exercise names.
- Ability to print with Spanish or French.







Licensing and pricing

- Once time license fee.
- No ongoing fees.
- Single install or multi license network.
- Complete system, no extras to buy.
- Free support and training.



Single computer install only \$499.
5 license network only \$1150.
Are you a member of a professional organization?
Ask out our association and college discounts.

Download a FREE Trial or contact us for a free webinar